

BULLY PROOF



Educator Guide

Classroom Tactics That Stop Bullying Before It Starts

The Classroom Playbook: 3 Proven Tactics

A single incident of bullying can derail learning for the entire class. Implement these tactics to create a climate where respect rules.

1. The Two-Minute Connection Rule

Spend two intentional minutes in one-on-one conversation with every student each week. Research shows it cuts disruptive behavior by fostering rapport and accountability.

2. Public Praise, Private Correction

Celebrate acts of kindness aloud; correct negative behavior quietly. This shifts peer attention toward positive social currency.

3. -I-Message- Conflict Scripts

Teach students to use the structure: -I feel ___ when ___ because ___. Please ___.- Role-play until it-s second nature.

Need a turnkey curriculum? Download lesson plans and parent-communication templates at BullyProofLife.com/educator-guide

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